



Come Join us March 22 - 24, 2008 Wellness Retreat in the Beautiful Red Rocks of Sedona, AZ.

This three-day weekend will afford you the opportunity to not only get away to the magic of Sedona, but also give you a chance to experience creating a clear path to achieving true happiness.

Immerse yourself in healthy gourmet cuisine, daily walks, yoga and fun! Give yourself this ultimate gift! Learn the necessary steps towards well-being through practices that not only nourish, but up lift you and give you the foundation for creating a new you!



LINDA STARK
Change Agent



Before



After

Linda Stark is a Certified Clinical Hypnotherapist having a practice in La Mesa and Encinitas, California. She is a noted speaker as well as a skilled hypnotherapist. Linda is known as a Change Agent doing a combination of hypnotherapy as well as coaching. You will find her funny as well as truly motivational.

Learn how to be at your ideal weight, achieve financial prosperity, enjoy moving your body, find happiness, enjoy eating for health, communicate in ways to assure that you are being heard, find inner peace, and learn what it takes to feel calm in all situations. All of this will be done in gorgeous surroundings with beautiful rooms, sumptuous low calorie meals, hikes, yoga, massages and it definitely will be sprinkled with a lot of fun and relaxation.

www.lindastarkchangeagent.com

Edge of World Retreats offers guided sacred site and power place adventure tours for groups or individuals to some of the most amazing and mysterious places on Earth.



Tracy Brooks - Spiritual Life Coach
Edge of World Retreats Founder



Call now for discounted rates: 619. 286. 2883